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Family Debrief Sessions (Leaving)

Family Debrief Bundle:

This bundle is designed to help the whole family process the upcoming move. It is tailored to each family's needs depending on the age of the children. * This bundle is four sessions that run for one hour each, ideally every 2-4 weeks. The sessions will be done in the family's home. Topics to be covered through activities: TCK profile, stages of transition, RAFT/GUTSS acronyms, process grief, and learning a few coping strategies to help during those times of big uncomfortable emotions.

Fee: US\$400 + travel expenses

*Please note that if your children are around 6-12 years old, a Leaving Well workbook by Claire Holmes must also be purchased for each child. Click [here](#) for a link. (My affiliated link)

Family Debrief:

This 1.5-hour session will touch on the TCK profile but will spend most of the time processing grief and learning some coping strategies to help during those times of big, uncomfortable emotions.

Fee: US\$200 + travel expenses

Please call or email if you are interested in a session.

The client must pay for travel expenses for family debriefing sessions, as these take place in their home.

Payments can be made online by credit card through a secure platform with Simple Practice. Global Crossroads Consulting, a registered business in the United States, will issue receipts through this platform.

Education and Certifications

Education

BS Middle School Education
MA Care and Counseling, Member Care
Focus

Certifications:

TCK Training Family Debriefing Certificate
Gottman Couples Therapy Level 1